

One meal for a healthier planet

11th-17th June 2018

#WorldMeatFreeWeek

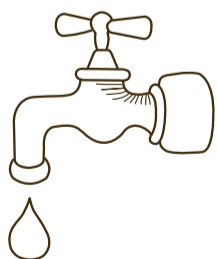
Give up meat for just one meal and save:



ENOUGH CARBON
EMISSIONS TO
BOIL A KETTLE
388 TIMES



UP TO **11G OF FAT**
EQUIVALENT TO
2 TABLESPOONS
OF BUTTER



THE DAILY
9 WATER
USAGE OF
PEOPLE



UP TO **90 CALORIES**
THE SAME AS
2 JAFFA
CAKES

are you in?

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www.worldmeatfreeweek.com

to find out more and join us